PERIODONTICS

perio. & implant DENTAL REFERRAL

YOU HAVE QUESTIONS?

I'M NERVOUS ABOUT PERIODONTAL TREATMENT — IS THAT NORMAL?
Absolutely. Many patients feel anxious before seeing a periodontist, especially if they have been told they have gum disease or may need specialist treatment. Our role is to help you feel informed, reassured, and comfortable throughout your care. Once everything has been clearly explained, most patients feel much more confident about moving forward. We always work at your pace, with a calm and supportive approach.

WILL PERIODONTAL TREATMENT HURT?
This is one of the most common questions we hear. Most periodontal treatment is carried out gently under local anaesthetic, so you should remain comfortable throughout. You may feel some pressure or vibration during treatment, but it should not be painful. After treatment, some temporary tenderness or sensitivity can occur, and we will always explain how to manage this properly.

WHY HAVE I BEEN REFERRED TO A PERIODONTIST?
A periodontist is a dentist with additional specialist training in the prevention, diagnosis, and treatment of gum disease and supporting structures around the teeth. You may be referred for advanced gum disease, gum recession, bleeding gums, loose teeth, complex restorative planning, or implant-related gum concerns.

CAN GUM DISEASE REALLY AFFECT MY OVERALL HEALTH?
Research has shown links between periodontal disease and general health conditions such as diabetes, cardiovascular disease, and inflammation within the body. Healthy gums are an important part of maintaining overall health and wellbeing.

CAN GUM DISEASE BE CURED?
Periodontal disease is usually managed rather than permanently "cured." The aim of treatment is to stabilise the condition, reduce inflammation, protect the supporting bone around the teeth, and help you maintain your teeth long term. With good maintenance and home care, many patients successfully keep their gums stable for many years.

WILL I LOSE MY TEETH?
Not necessarily. Many patients are referred to us specifically to help save teeth that may otherwise be at risk. Early diagnosis and appropriate treatment can often significantly improve the long-term outlook for your teeth and gums.

I'VE NOTICED GUM RECESSION — CAN THIS BE TREATED?
In many cases, yes. Treatment depends on the cause and severity of the recession. Options may include improving gum health, reducing further recession, or in some cases carrying out gum grafting procedures to improve protection and appearance. A full assessment will help determine what is possible for you.

HOW LONG DOES PERIODONTAL TREATMENT TAKE?
Treatment times vary depending on the severity of the condition and the type of treatment required.
Some patients may only require a few visits, while others benefit from staged treatment and long-term maintenance care.
Following your consultation, we will provide a clear, personalised treatment plan and timeline.

WILL I NEED ONGOING MAINTENANCE VISITS?
Usually, yes. Periodontal treatment is most successful when supported by regular maintenance appointments and excellent home care. These visits help monitor your gum health, prevent recurrence of disease, and protect your long-term results.

I'VE HAD BAD DENTAL EXPERIENCES BEFORE
We completely understand how previous experiences can affect confidence.
Our approach is calm, clear, and supportive. We take time to listen carefully, explain everything thoroughly, and ensure you feel comfortable throughout every stage of your care.

DO I NEED TO DECIDE IMMEDIATELY?
Not at all. Periodontal treatment is an important decision, and it's essential that you feel informed and comfortable before proceeding. We encourage patients to take their time, ask questions, and fully understand their options.

WHY DO COSTS VARY BETWEEN PRACTICES?
Periodontal treatment is highly personalised and depends on the complexity of your condition, the time involved, and the level of expertise required.At our practice, treatment is carefully planned and delivered with a focus on long-term stability, precision, and specialist-led care to help achieve the best possible outcome for your oral health.